

# Brian Tingley MS, LMFT

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## Profile

Passionate about working with people to improve their lives & achieve their goals

Skilled writer, speaker, communicator

Twenty-five years professional experience with broadcast television

Twenty years experienced marriage and family therapist

## Credentials

Licensed Marriage and Family Therapist, Washington State

Approved Clinical Supervisor, Washington State

Approved Clinical Supervisor, American Association for Marriage & Family Therapy

Clinical Member, American Association for Marriage & Family Therapy

## Education

2001 **Master of Science, Marriage & Family Therapy**  
Seattle Pacific University

1992 **Bachelor of Arts, Broadcast Communication**  
Western Washington University

1984 **Diploma, Ministry/Biblical Studies**  
Christian Faith Ministry Training Center

## Academic Awards

1990 **President's Scholarship Award**  
Western Washington University

1989 **Phi Theta Kappa National Honor Fraternity**  
Highline Community College

## Teaching

2005 **Bates College, Instructor**  
Introduction to Human Relations  
Integrated Reading & Writing Skills

2004 **Northwest Career and Technical High School, Teacher**  
Television Studio Production

2003 **Pierce College, Instructor**  
General Psychology

## Marriage & Family Therapist

- Jun 2002 -  
Current      **Family Foundations Counseling, *Marriage and Family Therapist***  
Private practice: Individual, couple, child, and family therapy.
- Aug 2004 -  
May 2011      **Pearl Counseling Associates, *Marriage and Family Therapist***  
Private Practice: Individual, couple, child, and family therapy.
- Dec 2001-  
Sep 2003      **Comprehensive Mental Health, *Therapist, Child Mental Health Specialist***  
Worked with CPS intake and law enforcement to help transition children being placed in protective custody. Observed supervised visits, assessed parenting skills and appropriateness of parent-child interaction, made recommendations for children's placement, care and needs. Facilitated stabilization, crisis intervention and therapy to receiving-care foster families. Educated and trained foster parents. Conducted assessments pertaining to children's life domains. Collaborate with DCFS/CPS to gather psycho-social, developmental, educational, and medical history.
- Apr 2001 -  
Dec 2001      **Comprehensive Mental Health, *Therapist, Child Mental Health Specialist***  
Provided individual and family counseling for junior high after school program. Coordinated and conferred with school staff and teachers to provide team approach for client care. Assessed needs of students and made recommendations to school and family. Provided families with community resources. Facilitated psycho-educational groups centered on anger management, social skills, boundaries, bullying, and relationship building.
- Nov 2000 -  
Jun 2001      **Greater Lakes Mental Health, *Family Therapist Intern***  
Completed intakes, wrote treatment plans, and provided therapy to children, youth, and their families. Coordinated treatment with schools to ensure academic success of clients. Provided case management and maintenance of records. Participated in family team meetings. Arranged for medical and social services. Referred for psychiatric evaluation when appropriate. Taught parenting skills. Co-facilitated boys anger management/social skills groups, ages 5 –13 years.
- Jan 2001 -  
Jun 2001      **Children's Home Society, *Therapist Intern***  
Co-facilitator of parent/preschool group focused on parenting skills, developmental education, and attachment. Assist with foster/adopt parent and child group activities focused on grief and loss, identity, belonging, unmatched expectations, and entitlement. Facilitator of parent-teen group focused on communication and parenting skills.
- Jun 2000      **Royal Family Kids' Camp, *Social Worker / Counselor***  
Social worker / counselor for summer camp servicing children in foster care. Provided crisis intervention for foster children, situational interventions, and provided guidance to leadership personnel regarding safety, mental health, and relational issues. Acted as a liaison with community social services. Documented incidents and assisted with contacting camper's parents and caseworkers.

- Sep 1999 - May 2000 **Northwest College, *Mental Health Counselor Intern***  
 Conducted clinical assessments and provided counseling to college students. Participated in collaborative training, consultation groups, and referred to community resources. Provided pre-marital and marital counseling.
- Sep 1997 - Aug 1998 **Greater Lakes Mental Health, *Family Therapist Intern***  
 Completed intakes, wrote treatment plans, and provided therapy to children, youth, and their families. Coordinated treatment with schools to ensure academic success of clients. Provided case management and maintenance of records. Participated in family team meetings. Arranged for medical and social services. Referred for psychiatric evaluation when appropriate. Taught parenting skills. Co-facilitated boys anger management/social skills groups, ages 5 –13 years.

## Presentations

- Jan 2018 *Therapy Services for Sexual Identity Issues*. Testimony given to the Washington State Senate Healthcare Sub Committee, Olympia, WA.
- Jan 2018 *Technology, Media, & Spiritual Formation*. Developmental, Relational, and Spiritual Implications of Overexposure to Technology. Presented at Trinity Presbyterian Church, Tacoma, WA.
- Mar 2016 *Social Media*. Developmental Implications of Overexposure to Technology. Presentation given to parents at University Place Presbyterian Church, University Place, WA.
- Mar 2016 *Social Media and Identity*. Presentation given to middle and high school students at University Place Presbyterian Church, University Place, WA.
- Feb 2015 *Meeting the Needs of Minors Seeking Therapy Services for Sexual Identity Issues*. Testimony given to the Washington State Senate Healthcare Sub Committee, Olympia, WA.
- Feb 2015 *Meeting the Needs of Minors Seeking Therapy Services for Sexual Identity Issues*. Testimony given to the Washington State House of Representatives Healthcare Sub Committee, Olympia, WA.
- Nov 2013 *Attention Deficit Hyperactivity Disorder. Identifying Symptoms for Diagnosing and Treatment*. Training presented to mental health providers at Pearl Counseling Associates, Tacoma, WA.
- Jul 2013 *Making Life Work: Benefits of Commitment*. Relational impact of the family of origin emotional system and identified factors in healthy adult relationships. Presented to the congregation at Greater Life Church, Tacoma, WA.
- May 2013 *Authentic Manhood: Healing Childhood Wounds*. Presented to the men's group at Praise Covenant Church, Tacoma, WA.
- Nov 2012 *Sexual Addiction*. Presented to lay-counselors at Praise Covenant Church, Tacoma, WA.

- May 2012 *Internet and Video Game Addiction*. Training presented to mental health professionals/therapists at Pearl Counseling Associates, Tacoma, WA.
- Apr 2012 *The Mystery of God's Relentless Love*. Presented to the congregation of Praise Covenant Church, Tacoma, WA.
- Feb 2012 *King David and True Masculinity*. Presented to the men's ministry at Praise Covenant Church, Tacoma, WA.
- Sep 2011 *Gender Identity II*. Training presented to mental health providers/therapists at Pearl Counseling Associates, Tacoma, WA.
- Nov 2010 *Gender Identity I*. Training presented to mental health providers/therapists at Pearl Counseling Associates, Tacoma, WA.
- Aug 2009 *Hope After Divorce*. Presented to participants of Divorce Recovery Workshop at Life Center Church, Tacoma, WA.
- May 2009 *Hope After Divorce*. Presented to participants of Divorce Recovery Workshop at University Place Presbyterian Church, University Place, WA.
- Aug 2008 *Making Life Work: Benefits of Commitment*. Relational impact of the family of origin emotional system and identified factors in healthy adult relationships. Presented to the singles ministry at Life Center Church, Tacoma, WA.
- Sep 2008 *Making Life Work: Benefits of Commitment*. Relational impact of the family of origin emotional system and identified factors in healthy adult relationships. Presented at Trinity Presbyterian Church, Tacoma, WA.
- Jun 2008 *Outcome Informed Therapy*. Sponsored by Regence Blue Shield Insurance. Presentation given to mental health providers/therapists at Samaritan's Center, Seattle WA.

### Broadcast Television

- Aug 2005 - **KSTW 11 TV, UPN, *Master Control, Promotions Editor***  
 Apr 2006 Master control operator ensuring the quality of multiple channel incoming and outgoing of satellite transmissions of live and recorded programs and commercials; satellite booking; technical troubleshooting. Edited and tagged program promotional spots.
- Apr 2005 - **KCPQ 13 TV FOX, *Master Control***  
 Aug 2005 Master control operator ensuring quality for multiple channel incoming and outgoing satellite transmissions; live and recorded programs and commercials; satellite booking; technical troubleshooting.

- Jan 2002 - **Savant Media Group, *Freelance Production Writer/Producer, Director***  
Jul 2003 Write, produce, direct, camera and audio for commercials and promotions.
- May 2001 - **KSTW 11 TV UPN, *Master Control***  
Dec 2001 Master control operator ensuring the quality of multiple channel incoming and outgoing satellite transmissions of live and recorded programs and commercials; satellite booking; technical troubleshooting.
- Jan 2001 - **KING 5 TV NBC, *Production Technician***  
Apr 2001 Vacation relief robotic camera operator and floor director for multiple daily live newscasts.
- Sep 1999 - **Media Systems/Life Center, *Writer/Producer, Director, Production***  
Nov 2000 Directed live-to-tape, five-camera shoot, with audience, for inspirational program. Segment producer and on-line editor for weekly hour and half hour editions. Production manager. Produced media materials to educate the public on relationships, stress, anger management, identity, and mental health.
- Aug 1998 - **KSTW 11 TV UPN / Paramount, *Writer/Producer***  
Sep 1999 From concept to completion: wrote, produced, shot, and edited commercials and public service announcements. Produced live and look-live remotes. Worked directly with account executives, advertising agencies, and business clients to ensure their marketing objectives were met. Wrote and produced community relations programs that included shooting, and editing roll-in packages.
- Oct 1995 - **KSTW 11 TV CBS / UPN, *Live News Production***  
Dec 1998 Production crew-member for multiple daily live newscasts. Other live in-studio and on-location programs included telethons, parades, local specials, and remotes. Roles included director, technical director, audio technician, graphics/character generator, floor director, studio camera, and teleprompter.
- Apr 1994 - **KSTW 11 TV CBS, *Community Service Writer/Producer, Director***  
Aug 1995 Produced on-air content including quarterly specials/documentaries, public service announcements, live remotes, and call-to-action promotions mobilizing the public for community service. Directed a community service campaign aimed toward youth that promoted healthy lifestyle choices. Facilitated strategic meetings / focus-groups with students from Seattle Public Schools as part of a collaborative process in producing media material relevant to issues facing youth. Wrote and produced on-air content addressing health, education, communication, employment, sex, racism, depression, suicide, violence, school safety, hate crimes, and family values. Produced promotional material honoring exceptional teachers and academically successful student athletes. Directed live cut-ins. Directed weekly studio live-to-tape talk-show format community service programs. Produced, shot, and edited roll-in packages. Coordinated and collaborated with the news department on joint ventures. Produced content for CBS network programs.

- Jun 1992 - **KSTW 11 TV, *Live News Production***  
 Apr 1994 Production crew member for live nightly news broadcast. Key roles included technical director, audio technician, graphics/character generator, floor director, studio camera, and teleprompter. Other live in-studio and on-location programs included telethons, parades, local specials, and remotes.
- Apr 1987 - **CTM Productions, *Writer/Producer, Director, Production***  
 Aug 1988 Production crew-member for daily broadcast of inspirational program. Writer, producer, director for special projects including promotional and leadership training videos.
- 1985 **Global Network Productions, *Freelance Production Technician***  
 Production assistant for commercials and promotional videos.

## Television Credits

### Live to Tape Program

"Around The Sound," Aired on KSTW 11 TV United Paramount Network Affiliate

Writer/Producer

- |     |      |   |
|-----|------|---|
| Aug | 1999 | United Way of Pierce Co., Regional Transit Authority, School Safety |
| Jun | 1999 | Richard Karns Star Days, Make A With Foundation, Mariners Care      |
| May | 1999 | M.A.D.D., Pierce County Parks, Pt. Defiance Zoo                     |
| Apr | 1999 | World Concern, Crime Stoppers, Education                            |
| Mar | 1999 | Safe Streets, Preparing for Taxes                                   |
| Feb | 1999 | Youth N' Action, Tacoma Human Rights Department                     |
| Jan | 1999 | Depression, Fitness, Finances                                       |
| Nov | 1998 | Family Time: Washington Family Council; Volunteering: United Way    |
| Oct | 1998 | Wash State I-200: Affirmative Action & 692-Medical Marijuana        |

Community Relations Program, multiple episodes Aired on KSTW TV 11

Director

- |           |  |
|-----------|--|
| 1994-1995 | "60 Plus" - Hosted by Kari Caldwell, Council on Aging                          |
| 1994-1995 | "Collage" - Hosted by Lyle Quasim, Asst Secretary Health & Rehabilitation Svcs |
| 1994-1995 | "Farm City Forum"  |
| 1994-1995 | "Focus" - Hosted by Cindy Darland  |
| 1994-1995 | "Priority Families" - Hosted by Darlene Smolen, St. John's Medical Center      |
| 1994-1995 | "Sound Choices" - Hosted by Julie Furlong, Community Relations Director KSTW   |
| 1994-1995 | "To Your Health" - Hosted by Kelly Malone, Group Health                        |

**Special / Documentary**

## Writer/Producer

- Jul 1999 "Teens Talk Sex" exploring attitudes in youth culture. Aired on KSTW 11 TV UPN
- Mar 1999 "Teens Talk Hate" processing hate crimes. Aired on KSTW 11 TV UPN
- Dec 1994 "Safe and Sound" attributes of healthy & unhealthy sexuality. Aired on KSTW 11 TV
- Sep 1994 "Street Sounds" exploring gangs & violence. Aired on KSTW 11 TV
- Jun 1994 "Teens at Work" information about youth employment. Aired on KSTW 11 TV

**Campaign / Event**

## Writer/Producer

- 2000 "Dr. Fulton Buntain: Thirty-Five Years of Service"  
Video presented at event honoring Dr. Buntain's service to Pierce County community
- 1999 "The Singing Christmas Tree"  
Broadcast of Singing Christmas Tree, Aired on PAX Television
- 1999 "Daffodil Festival Grand Floral Parade"  
Live Broadcast of the sixty-sixth annual Daffodil Parade, Aired on KSTW 11 TV
- 1999 "At The Heart Of The Solution"  
Campaign video presented to businesses throughout Pierce County, WA
- 1995 "Partners In Public Education Most Valuable Partners"  
Presented at PIPE awards banquet honoring businesses supporting public education
- 1995 "The Night for Kids Auction & Dinner"  
Inspirational video shown at fundraising event promoting Boys & Girls Clubs
- 1994 "Class Act, Super Ones Recognition Banquet"  
Inspirational video presented at event honoring exceptional teachers & students
- 1994 "What's Right With Seattle Public Schools"  
Inspirational video presented to Seattle Rotary recognizing high academic achievers
- 1988 "Youth Alive '88 Summer Youth Conference"  
Promotional video distributed nationally to junior and senior high youth groups
- 1987 "Youth Alive '87 Summer Youth Conference"  
Promotional video distributed nationally to junior and senior high youth groups
- 1985 "Youth Alive '85 Summer Youth Conference"  
Promotional video distributed nationally to junior and senior high youth groups

**Promo / PSA**

Writer/Producer

- '94-'95 "Class Act" - Recognizing Exceptional Teachers  
Spots promoting Class Act segment of evening newscasts. Multiple
- '94-'95 "Super Ones / Academic All Stars" - Recognizing Outstanding Student Athletes  
Spots promoting Super Ones segment of evening newscasts. Multiple
- '94-'95 "Wednesday's Child" - Recruiting Volunteers for Big Brothers & Big Sisters  
Spots promoting Wednesday's Child segment of evening newscasts. Multiple
- '94-'95 "Coats for Kids" - Community Service Campaign  
Spots mobilizing public for coat drive benefiting under-privileged children. Multiple
- '94-'95 "Be A Tutor" - Community Service Campaign  
Spots aimed at recruiting tutors benefiting under-privileged students. Multiple
- '94-'95 "Sound Bites" - Youth Oriented Short messages  
Spots addressing multiple issues encouraging youth toward healthy choices. Multiple

**Public Service Announcement**

Writer/Producer

- 1995 "Achieve Your Dreams," Sound Choices
- 1994 "Anti-Violence Montage," Sound Choices
- 1994 "Basketball Turning Violent," Sound Choices
- 1994 "Black and White Ball," Seattle Art Museum
- 1995 "Business to Business Expo," KSTW
- 1995 "CBS This Morning Video Game Toy Test," CBS
- 1995 "Cynthia Geary," Cynthia Geary
- 1995 "Earthday," Earthday
- 1995 "Eleven for the Road," KSTW
- 1995 "Easter Seals Fun Run," Easter Seals
- 2003 "Heart and Soul", United Way of Pierce County
- 1995 "Martin Luther King Jr. Fun Run," King Day Classic
- 1995 "Lenny Wilkins Celebrity Golf Tournament," Lenny Wilkins
- 1995 "Minimart," Sound Choices
- 1994 "Monorail," Seattle Center
- 1994 "Paul Provenza," Big Brothers Big Sisters
- 1995 "Return To Innocence," Sound Choices
- 1994 "Seattle to Portland Quick Tip," Seattle Bike Club
- 1995 "The Secret of Life On Earth," Pacific Science Center
- 1994 "Sound Off Contest," Sound Choices
- 1994 "Street Girls," Sound Choices
- 1995 "Success fun Run," Easter Seals
- 1995 "Student Expressions Art Contest," Seattle Art Museum
- 1994 "Teen Job Connection," Jack In The Box
- 1995 "Youth Hall of Fame," Youth Hall of Fame



## Commercials

### Writer/Producer

- 1999 "Billy Ray Cyrus," EQC
- 1999 "Clearance," Stereo Warehouse
- 1999 "Dreams," Ambokile Model & Talent Agency
- 1999 "Goodguys Remote," S.I.R. / Pacific Raceway
- 1999 "Goodguys," Wier's Appliance
- 1999 "Grand Opening," Eastside Harley Davidson
- 1999 "Kansas," EQC
- 1999 "Merle Haggard," EQC
- 1999 "People Drive," Carpet Cents
- 1999 "Perfect Place," Viewpointe On Queen Anne
- 1999 "Pierce County Fair," Pierce County Fair
- 1999 "Piercing Special," Mark of The Vampire
- 1999 "Slot Teaser Book Ends," EQC
- 1999 "Tile," Carpet Cents
- 1999 "Tracy Lawrence," EQC
- 1999 "Viking Festival," Viking Festival
- 1999 "When Are You Going To Play," Muckleshoot Bingo
- 1999 "WWF Smackdown," EQC

### Producer

- 1999 "Durango," Tom Matson Dodge
- 1999 "Durango Deal Days," Tom Matson Dodge
- 1999 "Crikey," Auburn Volkswagen
- 1999 "Fisherman's Secret Weapon," P. Little
- 1999 "Grand Caravan," Tom Matson Dodge
- 1999 "List," Labor Ready
- 1999 "Neon," Tom Matson Dodge
- 1999 "Numbers 1," Labor Ready
- 1999 "Numbers 2," Labor Ready
- 1999 "Price B," Auburn Volkswagen
- 1999 "Ram 1500," Tom Matson Dodge

## Live Remotes / Electronic Field Production, KSTW 11 TV

### Producer

- 1994 Be a Tutor Community Service Campaign
- 1994 Coats for Kids Community Service Campaign
- 1999 Eastside Harley Davidson Promotion Event
- 1999 Gameworks Promotion Event
- 1999 Great American RV Promotion Event
- 1999 Moneytree Promotion Event
- 1999 Seattle International Raceway Promotion Event

### **Look-Live Remotes / Electronic Field Production, KSTW 11 TV**

Producer

- 1999 Emerald Queen Casino Promotion Event
- 1999 Enchanted Parks Promotion Event
- 1999 Evergreen Fair Promotion Event
- 1999 Futon of North America Promotion Event
- 1999 Muckleshoot Casino Promotion Event
- 1999 Poulsbo RV Promotion Event
- 1999 Wizards of the Coast Promotion Event

### **Other Media**

- 1999 Production Manager - "Uncle Wally Amos' General Store," Childrens Show Pilot
- 1998 Fill-In Director - Live Evening News, KSTW 10 O'Clock News
- 1995 Producer - "Katinas," CBS This Morning music bump-in
- 1995 Producer - "The Main Attraction" CBS This Morning music bump-in
- 1992 News Writer/Producer Intern - KJUN Radio
- 1992 Assistant Editor - "The Evolution of Education " Full-Hour Special / Documentary
- 1988 First Assistant Camera – "All The Way" Motion Picture, Renaissance Productions

### **Media Awards**

- 2000 Best Campaign Video, National United Way Conference  
Writer/Producer "At The Heart of the Solution" United Way of Pierce County
- 1999 One Of 11's Best Award for Writer/Producer/Director, KSTW 11 TV UPN
- 1995 Most Valuable Partner Award, Partners In Public Education  
Writer/Producer "Sound Choices"
- 1995 NW Emmy Nomination: Outstanding Public Service Announcement Single Spot  
Writer/Producer "Anti-Violence Montage"
- 1995 Honorable Mention, Society of Broadcast Professionals  
Writer/Producer "Safe and Sound"
- 1995 NW Emmy Nomination: Outstanding Public Service Announcement Single Spot  
Writer/Producer "Achieve Your Dreams"
- 1994 NW Emmy Nomination: Outstanding Public Affairs Special-Location  
Writer/Producer "Street Sounds"
- 1994 NW Emmy Nomination: Community Service Award  
Producer/Director "Sound Choices: The Student Project"
- 1994 NW Emmy Nomination: Outstanding Public Affairs Special-Location  
Writer/Producer "Safe and Sound"
- 1994 NW Emmy Nomination: Outstanding Public Service Announcement Single Spot  
Writer/Producer "Basketball Turning Violent"